



There is still time to book your place at the U3A Asia Pacific Alliance International Conference in Brisbane, Australia, in May

U3A Signpost

Issue number one hundred and seventy (March 2015) from the WorldU3A Service, sent on the first of every month to U3A members anywhere in the world.

- 🔗 Feel free to copy any or all of this information in your newsletters.
- 🔗 Please send items of possible interest to the editor, [Tom Holloway](#).



Dementia Carers: Support is available to carers of people with dementia. Carers who are already caring for someone with a diagnosis of dementia have rights to information, advice and support. There are a number of national and local organisations that can support carers. A (non-comprehensive) list of organisations can be found at [this website >>>](#)

Interaction session with Senior Citizens of Safdarjung Enclave



Senior Citizens Council of Delhi organized an interaction session with the Senior Citizens residing in Safdarjung Enclave in association with Wellness Health & You to provide Primary Health Care at their door steps on 18/01/2015 at Green Fields School, in which Senior Citizens of Safdarjung Enclave participated in a large number.

Prof. Jugal Kishore from Maulana Azad Medical College, J.R. Gupta, Chairperson, Confederation of Senior Citizens Associations of Delhi and Dr. G. S. Grewal were on the dias along with doctors S/Shri Amarjeet Singh, B. B. Gupta, Sharad Garg, Jitendra Kailash & H. S. Yadav.

The high light of the session was the frank, open and purposeful interaction between the elders and the doctors for providing primary health services. The interaction focused to find solutions

on how we can narrow the gap between the service providers and the service users.

Economics & Current Affairs Groups: New Economics Foundation (NEF) is an independent think-and-do tank that inspires and demonstrates real economic wellbeing. We aim to improve quality of life by promoting innovative solutions that challenge mainstream thinking on economic, environmental and social issues.

We work in partnership and put people and the planet first. Please read this [document from the New Economics Foundation](#) **"People, planet, power: towards a new social settlement"**



UP TO THE CHALLENGE – Rhonda Weston.

Third Agers interested and interesting

by HEATHER GRANT-CAMPBELL

"THE challenge for all Third Agers is to look to the future, embrace it and share in it. In this way, retirement becomes interesting and we remain interesting, interested and connected members of our community."

Those persuasive words advocating life-long learning are more than an elevator pitch for national U3A chair, Toowoomba's Rhonda Weston.

They are central to discussions at the upcoming Asia Pacific Alliance conference in Brisbane.

"Lifelong learning is strong, and not

just in Australia," Rhonda said.

"In China, there are some 57,600 U3As; that's groups, not members!"

"U3A Asia Pacific Alliance is working with Korea, Myanmar, Kazakhstan and Malaysia on either expanding or developing U3As in those countries."

"Growth (of U3A) in Australia is at an all-time high, in the range of 10 per cent per year over the last few years."

Rhonda said U3As that offer opportunities to learn current technology are the groups enjoying the greatest growth.

"At my U3A in Toowoomba we had 190 new members sign up for this new year and a higher than usual renewal rate," she said.

"Whether this is because baby boomers are entering the retirement age, or because we have perhaps 25 years to enjoy in retirement, providing opportunity to pursue more – that's something organisationally we have to address."

"How to manage a more professional look while maintaining the not-for-profit community volunteer based ethos."

Registrations are being taken now for the U3A conference on May 28-29 at Brisbane's City Hall.

■ Find out more about the conference and adult learning at www.u3aqlidconference.org

Chairpersons/Secretaries: Don't bother with keyboarding your short announcements of one or two sentences. Much easier to make a quick one or two minute 'podcast' using CLYP.IT - a simple online recorder, and distribute it as an email.

I made one to send as a reply to the [indian-society-for-u3a] googlegroup and you can hear it [here >>>](#)



Compton Verney - [Warwickshire's outstanding Art Gallery/Museum/Activity Park/Gardens](#) announce their reopening after a £2.5 million refurbishing. Director, Dr Steven Parissien

says...

We have two exciting, complementary exhibitions this spring, in which the artists look at Britain and British identity: Canaletto: Celebrating Britain, featuring the glorious oil paintings and



revelatory drawings Canaletto painted during his time in this country between 1746 and 1755, and Martin Parr's insightful and moving photographs of life in 1970s Britain, The Non-Conformists. At the same time, we have a comprehensive new re-display of our internationally-acclaimed and nationally-accredited collection of ancient Chinese bronzes. Funded by the Arts Council and the DCMS/Wolfson Fund, the new-look galleries completely rethink the way we present these splendid and important objects, and will transform the way we look at ancient

China.



U3A Online: A complete GEMs Archive - Rick Swindell's newsletter - pdf printouts of all prior

editions can be found at www.u3aonline.org.au

Do you know someone who would like to receive this newsletter in future? Ask them to email tom@worldu3a.org with a request and they will be put on the list. This webpage may be printed onto both sides of an A4 page and distributed to those with no Internet.

